SAFER ROADS

- Slow down and drive to the conditions of the road
- Don't drink or take drugs and drive
- Wear a seatbelt for every journey
- · Don't use a mobile phone whilst driving
- Keep your distance

WATER SAFETY

There are several dangers to simply jumping into bodies of open water:



- You have no idea what's underneath or how deep the water is
- Jumping straight in can cause cold water shock – which can leave you breathless and temporarily shut your body down
- Don't go out onto frozen water
- Make sure children stay well clear from the water's edge

WILDFIRE & BBQS

- Never throw lit cigarette ends onto the ground or out of the window of vehicles or trains
- Always ensure that they are completely extinguished and disposed of responsibly
- Never be tempted to light a fire in the countryside and only BBQ in authorised areas

USEFUL CONTACTS

We offer home safety visits to people who are considered to be at particular risk of fire.

To find out whether you are eligible for a visit you can complete an online home safety check at: www.syfire.gov.uk/safety-advice/request-a-visit/, scan the code opposite, or call 0114 253 2314.



Hard of Hearing text line: 07537 416095

For safety advice and tips on staying safe at home visit www.syfire.gov.uk /safety-advice/ or scan the code opposite.



Anonymously report any information you have on deliberate fire-setting:

Call: **0800 169 5558**Visit: www.firestoppersreport.co.uk

Did you know we offer a free smoke alarm testing reminder service?

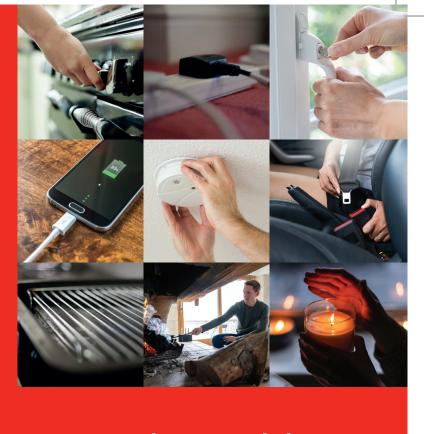
All you have to do us give us your number or email address

- over at pressthebutton.co.uk
- and we'll send you regular reminders to do exactly that press the button!





In an Emergency CALL 999



A pocket guide to HOME FIRE SAFETY



www.syfire.gov.uk

SMOKE ALARMS

- · Working smoke alarms give an early warning to a fire in your home, giving you and your family vital extra minutes to take action and escape
- · You should have a working smoke alarm on every level of your home
- Test your smoke alarms weekly press the 'test' button until it beeps

KITCHEN HAZARDS

Prepare: Keep electrical leads. cardboard and fabrics well away from the hob and keep ovens, hobs and grills clean from grease and crumbs

Watch: Keep an eye on cooking at cooking all times and unattended

Switch: Switch off appliances never leave it when you've finished cooking and before you go to bed



 If you do use a hot oil pan, don't fill it more than one-third full of fat or oil and never leave it. unattended. Thermostat controlled fryers are much safer

If a chip or fat pan does catch fire, don't put water on it. Get out, stay out and call 999

ELECTRICAL HAZARDS

- Don't overload sockets- try to use one plug per socket and don't plug an adaptor into another adaptor
- Don't charge any electrical items such as mobile phones overnight



SMOKING & CANDLES

- If you smoke, don't light up if you need to lie down. You could easily fall asleep, setting the bed or couch on fire or even your clothes. If your clothes are on fire then stop, drop and roll
- Use proper ashtrays and pour water over hot ash before disposal in a suitable bin – metal ones are best
- · Keep matches and lighters away from children. Keep candles away from anything flammable such as curtains
- · Keep tea-lights in a proper holder and never put them on plastic surfaces like TV tops and baths

FIRE ACTION PLAN & BEDTIME ROUTINE

- If you discover a fire in your home, get out, stay out and call 999. Do not go back inside to get pets
- Make sure youngsters know what to do if they find a fire - to tell an adult right away and not to run away or hide from danger
- Talk to the whole family about choosing the best escape route if a fire should start in your home - usually your normal way in and out of vour home
- · Keep escape routes clear at all times
- · Make sure that door and window keys are available on your escape route
- · Switch off electrical items unless they are meant to be left on, like fridges and freezers
- · Close internal doors, especially downstairs. If a fire does start, this stops it from spreading as fast

HEATERS & FIRES

- · Always use a fireguard with open fires to stop flying embers
- · Get your chimney swept, at least once a year
- · It is important to have a working audible CO detection



